

Dr. Joseph P. Hornberger
M.S.,D.C.,P.A.

Dr. Joseph P. Hornberger a Magna Cum Laude graduate of Life University (LU), has been practicing in Sarasota since 1986. Graduating with highest honors, he earned a Bachelor of Science degree from Central State University, and a Masters of Science degree from the University of Dayton, with degrees in Education and a main interest in Exercise Physiology. In addition to developing and instructing Life University's Exercise Science course, he assisted in the development and implementation of the university's Exercise Science Master's Degree program.

He was selected by the Atlanta Chiropractic Sports Committee as one of thirty chiropractic physicians from a field of 350 applicants to treat the athletes at the 1996 Olympic Games. In addition to having published numerous articles, Dr. Hornberger is a contributing author in *Rehabilitation Guidelines of Chiropractic: Chiropractic Rehabilitation Association*, 1992, and Hyde, and Gengenbach's *Conservative Management of Sports Injuries*: Baltimore: (Williams & Wilkins, 1998).

He was a post graduate faculty member of five chiropractic colleges, including Palmer, Parker, Cleveland, Life, and Logan Chiropractic Colleges. Dr. Hornberger teaches continuing education seminars in Exercise Physiology and Therapeutic Exercise, and was on the speaker's board of the Florida, Missouri, and Wisconsin Chiropractic Associations, the Iowa Chiropractic Society, and the Ontario Chiropractic Association. He is an advisory board member of the Florida Chiropractic Association's Rehab Committee, and the Chiropractic Rehabilitation Association (CRA).

Dr. Hornberger developed and instructed the Therapeutic Exercise Physiology course in the 300 hour Chiropractic Rehabilitation Association's diplomat seminar series, and recognized as a Certified Chiropractic Rehabilitation Doctor as established by the Chiropractic Rehabilitation Association. In addition, he developed and instructed the Exercise Physiology and Fitness Assessment course offered in the 300 hour diplomat program leading to "Certified Chiropractic Sports Physician" sponsored by the Florida Chiropractic Association and Palmer College of Chiropractic.

He was awarded the Florida Southwest Chiropractic Society Civic Award in 1997-98 for his noteworthy contribution to the chiropractic profession. Active in sports chiropractic and rehabilitation, Dr. Hornberger served as the Medical Director and Chiropractic Physician for the Sarasota Ballet of Florida. He is a consultant to athletic and rehabilitation programs throughout the country including Culbertson's Gymnastique, an Olympic-style gymnastic club. Dr. Hornberger served as the Chiropractic Director for the annual Florida State Senior Games Championships, and was the director for chiropractic coverage at the Florida Sunshine State Games in 1991. In 1995, he was the Chiropractic Director for the Florida State Gymnastic Championships.

Dr. Hornberger has been a member of the Florida Chiropractic Association, the American Chiropractic Association's Council on Sports Injuries and Physical Fitness, the Chiropractic Rehabilitation Association, the American Chiropractic Association (ACA), and the ACA Council on Chiropractic Physiological Therapeutics. In addition, he served twice as the president of the Southwest Florida Chiropractic Society. You may contact Dr. Hornberger at 1180 Beneva Road S., Sarasota, Florida 34232, (941) 366-2440; Fax: (941) 955-3336. Web page: www.joehornberger.com email: bigaqua@aol.com

Joseph P. Hornberger, M.S., D.C., P.A.

1180 Beneva Rd. S.
Sarasota, FL. 34232
941.366.2440

EDUCATION

Life University, Marietta, GA, ■ 1986
D.C. in Chiropractic Medicine
Honors: Magna Cum Laude

Life University, Marietta, GA, ■ 1986
Residency

Life University, Marietta, GA, ■ 1986
173 Credit Hours, Bachelor of Science in Nutrition

University of Dayton, Dayton, Ohio ■ 1979
M.S. in Education, field of interest Exercise Physiology. Graduate Assistantship
Honors: Summa Cum Laude

Central State University, Wilberforce, Ohio ■ 1976
B.S. in Education, field of interest Exercise Physiology
Honors: Summa Cum Laude, ■ Full Gymnastic Scholarship

CURRENT PROFESSIONAL LICENSURE

Doctor of Chiropractic Medicine:

Florida: Florida Board of Chiropractic Examiners. License number: CH0005491 ■ 1986

Georgia: Georgia Board of Chiropractic Examiners. License Number: CHIR002601 ■ 1987

ACADEMIC/PROFESSIONAL EXPERIENCE

- Private Practice. 1180 Beneva Rd. S. Sarasota, FL 34232, 1986 to present.
- Certified Chiropractic Rehabilitation Doctor, Chiropractic Rehabilitation Association and Los-Angeles Chiropractic College.
- Certified Independent Medical Examiner, Florida Council on Orthopedics and Parker College of Chiropractic.
- Post Graduate study in the diagnosis and treatment of whiplash injuries, Spine Research Institute of San Diego, Florida Chiropractic.
- Post Graduate study in Neurology, American College of Chiropractic Neurology, and Logan College.

TEACHING EXPERIENCE/POSTS HELD

Instructor -- Department of Business and Professional Regulation Board of Massage. ■
1996 – Present

Developed and instructs the “Exercise Therapeutics” course; post graduate study continuing education credit for Massage Therapists in the state of Florida.

Past President – of the Southwest Florida Chiropractic Society ■ 1991-92 and 1997-98

Advisory board member – Florida Chiropractic Association’s Rehab Committee, and the Chiropractic Rehabilitation Association

Instructor – Chiropractic Rehabilitation Association ■ 1990 to 1998

Developed syllabus and overall course structure of “Therapeutic Exercise Physiology” administered to post graduate doctors of chiropractic in the 300 hour Chiropractic Rehabilitation Association’s diplomat seminar series.

Instructor – Florida Chiropractic Association and Palmer College of Chiropractic ■

Developed syllabus and overall course structure of “Exercise Physiology and Fitness Assessment” course administered to post graduate doctors of chiropractic in the 300 hour diplomat program leading to “Certified Chiropractic Sports Physician”.

Post Graduate Faculty Member and Speaker’s Board – Palmer Chiropractic College, Parker Chiropractic College, Cleveland Chiropractic College, Florida, Missouri, Wisconsin and Ontario Chiropractic Associations, the Iowa Chiropractic Society.

Instructor – Course on “Exercise Science”, Life Chiropractic College ■ 1983 to 1986.

Developed syllabus and overall course structure, Instructed and administered all undergraduate grades.

Planning Contributor – to the Exercise Science Masters Degree Program at Life University.

Gymnastics Coach – Men’s team, Fairborn Park High School ■ Regionally Rated

Gymnastics Coach – Men’s team, Springfield, South High School ■ Regionally Rated

PUBLICATIONS: CONTRUBITING CHAPTERS/MANUALS

- Hornberger, Joseph P. The Physiology of Exercise, Physical Fitness, and Cardiovascular Endurance Training. Hyde, T., Gengenbach, M. (Ed.). Conservative Management of Sports Injuries. Philadelphia: Williams & Wilkins and Co., 1998.
- Hornberger, Joseph P. Protocols for Exercise Screening, Testing, and Prescription, for a Chiropractic and Rehab Facility, Hornberger Publications, 1993.
- Hornberger, Joseph P. A Prescription Exercise Program for a Chiropractic or Rehab Facility, Hornberger Publications, 1993.
- Hornberger, Joseph P. Prescriptive Exercise Program Prescriptive Pads, Hornberger Publications, 1993.
- Hornberger, Joseph P. Exercise Physiology. Rehabilitation Guidelines for Chiropractic, 1st Edition, Chiropractic Rehabilitation Association, 1993.

PUBLICATIONS: PAPERS

- Hornberger, Joseph P. Concept in Pre-Cardiovascular Exercise Testing. Chiropractic Rehabilitation Journal, August, 1990.
- Hornberger, Joseph P. Posture in Relation to Body Function. Today's Chiropractic Magazine, March/April, 1989
- Hornberger, Joseph P. The Physiology of Exercise, Part one...Metabolism. Today's Chiropractic Magazine, July/August, 1988.
- Hornberger, Joseph P. The Physiology of Exercise, Part Two...Principles of Exercise. Today's Chiropractic Magazine, September/October, 1988.

PROFESSIONAL AFFILIATIONS & MEMBERSHIPS HELD

Chiropractic Rehabilitation Association
Florida Chiropractic Associations
American Chiropractic Association

HONOR & AWARDS

1997 – 1998 Southwest Chiropractic society Civic Award for noteworthy contributions to the chiropractic profession.

1996 Selected by the Atlanta Chiropractic Sports Committee as one of thirty chiropractic physicians from a field of 350 applicants to participate in treating the athletes at the 1996 Olympic Games held in Atlanta, Georgia.

1993 Selected as the Chiropractic Director and Staff Chiropractic Physician to the Sarasota Ballet of Florida

1992 Chiropractic Director of the Florida State Senior Games Championships.

1991 Director of Chiropractic coverage for the Florida Sunshine State Games.

1986 Graduated Magna Cum Laude for Life Chiropractic College.

1986 Awarded Senior Clinic Assistantship during residency at Life Chiropractic College ...oversaw and managed student clinic adjustments at LCC Out-Patient clinic.

1978 Graduated Summa Cum Laude while earning a Masters Degree from the University of Dayton, Dayton, Ohio

1976 Central State University, Academic Achievement Award for highest scholastic achievement and leadership in the department.

1976 Graduated Magna Cum laude and Gold cord Honors while earning a Bachelors of Science degree from Central State University, Wilberforce, Ohio.

REFERENCES

Available upon request