

Postural Assessments for the Personal Trainer  
presented by Dr. Joseph P. Hornberger, M.S., D.C.  
Certified Chiropractic Rehabilitation Physician

This seminar will provide the course participant with theory and practical "hands on" experience in the development of customized corrective exercise as related to specific postural abnormalities and distortions.

This course is recommended for Personal Trainers, Licensed Massage Therapists, Exercise Physiologists, Exercise Specialists, Chiropractic Physicians and Physical Therapists.

See what past attendees have said about this course:

"Amazing! This exceeded all my expectations!"

"Best seminar I've ever attended!"

"Excellent presentation. Thorough and he gave us "tools" to work with."

"I will attend this again and am looking forward to Part 2"

Dr. Hornberger is a Magna Cum Laude graduate of Life University and has been practicing in Sarasota since 1986. Graduating with highest honors, he earned a Bachelor of Science degree from Central State University, and a Masters of Science degree from the University of Dayton with his main interest in Exercise Physiology.

Dr. Hornberger was selected as one of 30 chiropractic physicians from a field of 350 applicants to treat the athletes at the 1996 Olympic Games in Atlanta. Dr. Hornberger is recognized as a Certified Chiropractic Rehabilitation Doctor. His informative lectures are sought after by many athletic and rehabilitation programs throughout the country.

This course is approved for continuing education by the following organizations: FSMTA 12, ACE 1.2, AFFA 9

Dates:

Saturday, September 29, 2007

Location: Shapes Total Fitness Academy, Brandon (Shapes Corporate Office)

Time: 8:30 am - 6:00 pm

Cost: Shapes employees \$150.00, members \$175.00, \$200.00 non-members

NO REFUNDS!

For more information contact Alice Monsaert 941-650-7948

send check payable to Shapes to

Alice Monsaert

6415 Alesheba Lane

Sarasota FL 34240

Registration deadline: September 15, 2007 (\$25.00 late fee)

To register, please email Alice [monsaert@aol.com](mailto:monsaert@aol.com)